



07/17/2024

Contact: Ryan Mielke
Administrative Director of Public Affairs
(915) 521-7656 rmielke@umcelpaso.org
(915) 493-5235

FOR IMMEDIATE RELEASE

UMC Once Again Receives Highest Recognition From American Heart Association

EL PASO, Texas – University Medical Center of El Paso (UMC) has again received the highest recognition possible from the American Heart Association.

This year, UMC received the Get With The Guidelines®-Stroke Gold Plus Achievement awards for Stroke Elite Plus Honor Roll, Type 2 Diabetes Honor Roll and Stroke Advanced Therapy Honor Roll.

The award is given to comprehensive stroke centers that are able to achieve the highest level of quality metrics involving patient care and timing of treatments. Qualifications for the award were based on data compiled from January 2021 to December 2023.

According to the American Heart Association, every 40 seconds, someone in the U.S. has a stroke or heart attack, and heart disease and stroke are the No. 1 and No. 5 causes of death in the United States, respectively. Studies show patients can recover better when providers consistently follow treatment guidelines.

UMC's recognition for excellence in stroke care is due to our advanced Neurosciences Department, our only team of neuro-critical care board-certified neurologists and interventional neurologists who manage our many services relating to stroke care and



neurological injuries, such as the Mobile Stroke Unit.

“This award is a reflection of the dedicated professionals we have working in our neurosciences department at UMC,” said Carla Escobar, Admin. Dir. of UMC’s Neuro Program. “Strokes are far too common in our community, which is why we strive to always look for ways to improve and maintain high standards. The attention our team gives to patient care is unmatched.”

With our team of experts, a comprehensive system for rapid diagnosis and treatment and state-of-the-art equipment, we are able to provide life-saving stroke care to the El Paso community and residents throughout west Texas and Southern New Mexico.

To learn more about UMC’s Neurosciences department, visit umcelpaso.org/stroke.

###

About Get With The Guidelines: Get With The Guidelines® is the American Heart Association/American Stroke Association’s hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 12 million patients since 2001. For more information, visit heart.org.

About UMC: For 109 years, University Medical Center of El Paso (UMC) has been providing exceptional, high quality care for the entire El Paso region. UMC is home to the region’s only Level I Trauma Center, the only Comprehensive Level I Stroke Center, and the only Level IV Maternal Critical Care Center. UMC’s mission is to Heal, to Serve and to Educate. For more UMC News, go to: <http://www.umcelpaso.org> (News Releases at bottom of main page.)